



## **Palladian Health Adds Opioid Management Module to its Portfolio of Integrated Health Care Programs**

**BUFFALO, NY, January 19, 2017** – Palladian Health, a leading provider of quality integrated health programs, has announced the launch of an opioid management program which assists physicians in adhering to new guidelines on opioids and helps stem the growing tide of dependence on prescription painkillers. Opioids are often prescribed to treat chronic non-cancer pain (back pain, neck pain, and degenerative joint disease) despite serious risks and lack of evidence regarding long-term effectiveness.

The new Palladian program, built on a preventive foundation using evidence-based guidelines, provides clinical tools for physicians seeking to provide short-term pain relief for patients without unnecessarily exposing them to the risks of opioid overuse and addiction. The program also provides risk screening, telehealth outreach, member education, clinical outcomes reporting and a prescription monitoring system.

The prescription opioid headlines are staggering: More than 45 Americans die each day from overdoses involving prescription opioids; U.S. economy impact is \$78.5 billion a year; 227 million opioid prescriptions were handed out in the U.S. in 2015.

Michael Giaquinto, Palladian’s CEO, said, “The addition of the opioid program is a logical step for us. Our spine care programs have long stressed conservative approaches to pain management, and we’re now applying our expertise to a program dedicated to minimizing opioid use. The public health crisis in opioid painkillers has taken a tremendous toll in employee healthcare cost and lost productivity, but more importantly in lives lost and impact on families and communities.”

The unprecedented crisis led the Centers for Disease Control to release a comprehensive list of recommendations (“The CDC Guidelines for Prescribing Opioids for Chronic Pain”) in the past year. Improving the way opioids are prescribed through easily accessible clinical practice guidelines can ensure patients have access to safer, more effective chronic pain treatment while reducing the number of people who misuse, abuse, or overdose from these drugs.

### **About Palladian Health**

Palladian provides health insurers and other payers with quality, integrated health programs focused on improving both clinical and economic results for the management of musculoskeletal health conditions. Palladian incorporates a collaborative approach that educates decision makers and stakeholders across an entire care cycle, supporting a mission to provide the best access for clinically excellent and affordable musculoskeletal health. For more information, visit [www.palladianhealth.com](http://www.palladianhealth.com)

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